

Laramie County School District

School Health Guidelines & Immunization Requirements

For Parents - Poder Primary and Secondary School

When to Keep Your Child Home from School or Childcare

There are four main reasons to keep sick children at home:

1. Your child doesn't feel well enough to take part in normal activities.
2. Your child needs more care than teachers and staff can give.
3. The illness is on this list and staying home is recommended.
4. A school nurse has determined your child should be at home.

*** Remember, the best way to stop the spread of infection is through good hand washing. ***

Symptoms and When to Stay Home

- Fever with behavior changes:

Yes, if 100.4F or higher. Return after 24 hours fever-free without medication.

- Flu-like symptoms:

Yes, stay home until 24 hours fever-free without medication.

- Diarrhea:

Yes, if child looks ill, has fever, or diarrhea with vomiting.

- Coughing:

Yes, if severe, uncontrollable, or includes difficulty breathing.

- Mild cold symptoms:

No, if child can take part in activities.

- Strep Throat:

Yes, stay home 24 hours after starting antibiotics.

- Rash:

Yes, if with fever or spreading/open wounds.

- Vomiting:

Yes, if 2+ times in 24 hours.

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- Pink Eye:

No, unless provider recommends it.

- Lice:

Yes, school staff will send home.

- Chickenpox:

Yes, until blisters have dried and crusted.

- Fifth Disease:

No, child is not contagious once rash appears.

- Hand, Foot & Mouth:

No, unless child has mouth sores or drooling.

- Norovirus:

Yes, 24 hours after last symptoms.

- Scabies:

Yes, until treated.

- Vaccine-Preventable Illnesses:

Yes, return when provider says child is no longer contagious.

- Hepatitis A:

Yes, 1 week after symptoms start.

- Herpes:

Yes, if open sores or uncontrollable drooling.

- Impetigo:

Yes, stay home 24 hours after treatment.

- Ringworm:

No, if covered. Yes, if uncovered until treated.

- Mouth Sores:

No, unless drooling or open sores.

- Stomachache:

Yes, if severe or with fever/vomiting/diarrhea.

- Hospitalization:

Yes, return with providers note.

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School Immunization Requirements (Kindergarten - Grade 12)

Parents/guardians must provide documentation of required immunizations. Below is the minimum requirement:

Kindergarten - Grade 6:

- DTaP: 5 doses
- IPV (Polio): 3-4 doses
- MMR: 2 doses
- Hepatitis B: 3 doses
- Varicella: 2 doses or proof of disease
- Hib: 1-4 doses if under 5 years

Grades 7 - 12:

- Tdap booster (1 dose)
- Same other vaccines as K-6

Footnotes:

- Children with 3 doses of IPV before age 4 need a 4th after 4th birthday.
- A documented history of chickenpox disease is acceptable for Varicella.
- Vaccines may be excluded or required during outbreaks per WY state guidelines.