



Dear Parent(s)/Guardian(s),

Social, emotional learning (SEL) services at Mountain Sunrise Academy are offered during school hours. They may include individual or group skill training in topics such as healthy tools for regulating emotions, making and keeping friends, setting goals, building confidence, mindfulness, team work, conflict resolution and responsible decision making. Safety screening is also provided on an as needed basis to connect those at high-risk with community resources and specialized support. All services at Mountain Sunrise Academy are short-term and limited in frequency. The purpose of these sessions is to help with problems in life that may be keeping a student from being successful at school. They do not take the place of or provide diagnosis or professional treatment for mental or medical health needs. If you feel your student needs more frequent sessions or has barriers that significantly impact their life beyond school, you may want to seek assistance outside of the school environment. All related costs for services outside of school are the responsibility of the parent or legal guardian.

**Confidentiality:** During the course of any sessions or discussions, students may discuss their personal views and experiences. Information disclosed in sessions is confidential unless not disclosing such information would be harmful to the student or others. Information concerning life-threatening situations, or harm to others will be shared with the parent and appropriate school personnel. State law requires that information suggestive of child abuse must be reported to the appropriate governmental agency. Information gathered from an interview or support session may be shared by the administrator or other school personnel only on a need-to-know basis. Parent relationships are highly valued and parents are contacted when there is a concern with student needs. School permission slips will be kept for only one school year. If additional services are needed beyond the current school year please contact the personnel on the bottom of this form at the beginning of each school year.

Under Utah Code, Section 53E-9-203 of the Utah Family Education Rights and Privacy Act, schools are required to have your consent as a parent or legal guardian, except in the response to a situation which a school employee reasonably believes to be an emergency or by order of the court if psychological information is discussed with your student.

No surveys or personal protected information is used for these services. In alignment with our Waldorf philosophy and screen-free policies, we use hands-on, physical materials to support our curriculum. Families are welcome to view this material by appointment. An overview of materials/lesson topics used can be found on our website and on the following link: <https://vahara-o2-public.s3.amazonaws.com/media/155474/PATHS%C2%AE-Scope-%26-Sequence-.pdf>

Please understand that your student cannot participate in these services unless the signed letter of permission is returned. If you consent to your student's participation, please complete this form on both sides and return it to the school as soon as possible. **Electronic or paper copies will be accepted at the front office or email below.**

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By signing below I am granting permission for my child to participate in social emotional learning (SEL) support provided by Mountain Sunrise Academy for the school year listed on the dated form. I understand that the provider will only be available during school hours and on the days that school is in session. I understand that these services will not continue through the summer break from school. I have read and understood all of the above.

The Utah Family Education and Privacy Act requires a two week waiting period prior to the student receiving services unless a parent waives this notification period.

I waive the two week waiting period so that services may begin immediately: \_\_\_\_\_(Initial here)

Student Name:
Teacher:
Parent Name:
Parent/Guardian Signature:
Today's Date:
Parent/Guardian Phone Number:
Parent/Guardian Email (optional):
Comments / Questions / Concerns: