

Breakfast K-6 Menu Pattern Must choose three items with one being ½ cup fruit

Pick 1 option	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Muffin (2G)	Cinnamon Roll (2G)	Smoothie (1P)w/Granola (2 G)	Breakfast Burrito (2P 2G)	Flavored Bread(2G)
Option 2	2 oz Cereal	2 oz Cereal	2 oz Cereal	2 oz Cereal	2 oz Cereal
Fresh Fruit	Whole orange	Whole apple	2 Kiwi	Banana	Fresh Fruit salad 4 oz
Canned Fruit	Pears 4 oz	Pineapple 4 oz	Peaches 4oz	Mandarins 4oz	Applesauce 4 oz
Protein	1oz String Cheese	4 oz Yogurt	1oz String Cheese	4 oz Yogurt	1oz String Cheese
Milk 8 oz	1% White	1% White	1% White	1% White	1% White
Milk 8 oz	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate

Pick 1 option	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Ham and Cheese Croissant (2P,2G)	Cinnamon Roll (2G)	Donut (2G)	Chicken Biscuit (1P, 2G)	Bagel/1oz Cream Cheese (2G)
Option 2	2 oz Cereal	2 oz Cereal	2 oz Cereal	2 oz Cereal	2 oz Cereal
Fresh Fruit	Whole orange	Whole apple	2 Kiwi	Banana	Fresh Fruit salad 4 oz
Canned Fruit	Pears 4 oz	Pineapple 4 oz	Peaches 4oz	Mandarins 4oz	Applesauce 4 oz
Protein	1oz String Cheese	4 oz Yogurt	1oz String Cheese	4 oz Yogurt	1oz String Cheese
Milk 8 oz	1% White	1% White	1% White	1% White	1% White
Milk 8 oz	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate

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Pick 1 option	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Muffin (2G)	Cinnamon Roll (2G)	Smoothie (1 MMA) w/Granola (2G)	Waffle(2G)	Pancake on a Stick (1P, 2G)
Option 2	2 oz Cereal	2 oz Cereal	2 oz Cereal	2 oz Cereal	2 oz Cereal
Fresh Fruit	Whole orange	Whole apple	2 Kiwi	Banana	Fresh Fruit Salad 4 oz
Canned Fruit	Pears 4 oz	Pineapple 4 oz	Peaches 4oz	Mandarins 4oz	Applesauce 4 oz
Protein	1oz String Cheese	4 oz Yogurt	1oz String Cheese	4 oz Yogurt	1oz String Cheese
Milk 8 oz	1% White	1% White	1% White	1% White	1% White
Milk 8 oz	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate

Lunch K-6 Meal Pattern Offer VS Serve

Pick 1 main option	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Waffle(2G)	Walking Taco (2P)	Cheese Pizza (2P, 3G)	Country Fried Steak (2P,1G)	Meatball Sub (2P, 2G)
Option 2	Grilled Cheese (2P, 2G)	Grilled Cheese (2P, 2G)	Grilled Cheese (2P, 2G)	Grilled Cheese (2P, 2G)	Grilled Cheese (2P, 2G)
Shared sides for option 1 and 2	Egg patty(1P) Sausage Patty (1P) Hashbrowns 3OZ	Spanish Rice (1G) Black bean and corn salad 4OZ Roll (2G)	Lay's Chips Green pea salad 3 oz	Mashed Potato4OZ Gravy Roll(2G) Steamed Corn 2OZ	French Fries 3OZ Baked Beans 3OZ
Shared Items					
Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup
Veggie 2 oz	Carrots	Grape tomato	Carrots	Red Pepper	Carrots
Veggie 2 oz	Cucumbers	Celery	Green Peppers	Broccoli	Cucumbers
Fresh Fruit	Fresh fruit salad 4oz	Whole orange	Whole Apple	2 Kiwi	1 Banana
Canned fruit	Applesauce 4 oz	Pears 2 oz	Pineapple 2 oz	Peaches 2 oz	Mandarins 2oz
Juice 6 oz	Juice 6 oz	Juice 6 oz	Juice 6 oz	Juice 6 oz	Juice 6 oz
Milk 8 oz	1% white	1% white	1% white	1% white	1% white
Milk 8 oz	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate

Lunch K-6 Meal Pattern Offer VS Serve

Pick 1 main option	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Dippin' Sticks w/2 oz marinara (2P, 2G)	Nachos (2P, 2G)	Cheese Pizza (2P, 3G)	Teriyaki Chicken (2P)	Rib B Q Sandwich (2P, 2G)
Option 2	Smoothie Pack (2P, 2G)	Smoothie Pack (2P, 2G)	Smoothie Pack (2P, 2G)	Smoothie Pack (2P, 2G)	Smoothie Pack (2P, 2G)
Shared sides for option 1&2	Chickpea Salad 3OZ	Refried Beans 2 oz	Chips Green Pea salad 3OZ	Mixed Rice 4 oz WG Mac Salad 4OZ	Fries 3OZ
Shared Items					
Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup
Veggie 2 oz	Carrots	Grape tomato	Carrots	Red Pepper	Carrots
Veggie 2 oz	Cucumbers	Celery	Green Peppers	Broccoli	Cucumbers
Fresh Fruit	Fresh fruit salad 4oz	Whole orange	Whole Apple	2 Kiwi	1 Banana
Canned fruit	Applesauce 4 oz	Pears 2 oz	Pineapple 2 oz	Peaches 2 oz	Mandarins 2oz
Juice 6 oz	Juice 6 oz	Juice 6 oz	Juice 6 oz	Juice 6 oz	Juice 6 oz
Milk 8 oz	1% white	1% white	1% white	1% white	1% white
Milk 8 oz	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate

Lunch K-6 Meal Pattern Offer VS Serve

Pick 1 main option	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	French Toast (2G)	Sweet Pork Tacos (2P,2G)	Cheese Pizza (2P,2G)	Fried Chicken (2P)	Hamburger (2P, 2G)
Option 2	Mozzarella Rippinz w/2oz Marinara (2P, 2G)	Mozzarella Rippinz w/2oz Marinara (2P, 2G)	Mozzarella Rippinz w/2oz Marinara (2P, 2G)	Mozzarella Rippinz w/2oz Marinara (2P, 2G)	Mozzarella Rippinz w/2oz Marinara (2P, 2G)
Shared sides for Option 1&2	Egg Pattie (1P) Sausage Patty (1P) Hashbrowns 3OZ	Spanish rice 4OZ Fiesta beans 2OZ	Lay's Chips Green Pea Salad 3OZ	Mashed Potato 4OZ Gravy Roll(2G)	Fries 3OZ
Shared Items					
Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup	Garden salad 1/2 cup
Veggie 2 oz	Carrots	Grape tomato	Carrots	Red Pepper	Carrots
Veggie 2 oz	Cucumbers	Celery	Green Peppers	Broccoli	Cucumbers
Fresh Fruit	Fresh fruit salad 4oz	Whole orange	Whole Apple	2 Kiwi	1 Banana
Canned fruit	Applesauce 4 oz	Pears 2 oz	Pineapple 2 oz	Peaches 2 oz	Mandarins 2oz
Juice 6 oz	Juice 6 oz	Juice 6 oz	Juice 6 oz	Juice 6 oz	Juice 6 oz
Milk 8 oz	1% white	1% white	1% white	1% white	1% white
Milk 8 oz	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate	FF Chocolate