

SEPTEMBER

MENU




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7

**No School
Labor Day**

Breakfast: Frudel
Pancake on a Stick
Lunch: Waffle
French Toast Sticks
Calzone
Hoagie Sandwich *new!*
Dinner: Chicken Strips

21

Breakfast: Boli
Egg & Sausage Muffin
Lunch: Pancakes
Dipping Sticks
Protein Packs
EZ Jammer
Dinner: Popcorn Chicken

28

Breakfast: Banana Bread
Sausage Biscuit
Lunch: Alfredo
Loaded Mac & Cheese
Muffin Pack
EZ Jammer
Dinner: Chicken Wrap

1

Breakfast: Smoothie
Breakfast Bowl
Lunch: Pork Fajita *new!*
Wings & Things *new!*
Smoothie
EZ Jammer
Dinner: Protein Pack

8

Breakfast: Muffins
French Toast Sticks
Lunch: Nachos
Soft Beef Tacos
Empanada
EZ Jammer
Dinner: Breakfast
Sandwich

15

Breakfast: Bagel
Englisih Muffin Pizza
Lunch: Walking Tacos
Beef Enchiladas *new!*
Calzone
EZ Jammer
Dinner: Protein Pack

22

Breakfast: Smoothie
Breakfast Bowl
Lunch: Soft Beef Taco
Bean & Cheese Burrito
Cobb Salad
EZ Jammer
Dinner: Corn Dog

29

Breakfast: Muffin
French Toast
Lunch: Tamales
Chicken Enchiladas
Muffin Pack
Jammer
Dinner: Protein Pack

2

Breakfast: Cinnamon Roll
Egg & Cheese Biscuit
Lunch: Cheese Pizza
Fried Chicken *new!*
Smoothie
EZ Jammer
Dinner: Spaghetti

9

Breakfast: Cereal Bar
Breakfast Quesadilla
Lunch: Dorito Chicken
Beef & Broccoli *new!*
Empanada
EZ Jammer
Dinner: Chili

16

Breakfast: Waffles
Parfait
Lunch: Cheese Pizza
Pupasa
EZ Jammer
Crispy Chicken Salad
Dinner: Taco Stick

23

Breakfast: Cinnamon Roll
Egg & Cheese Biscuit
Lunch: Cheese pizza
Pepperoni Pizza
Protein Pack
EZ Jammer
Dinner: Hamburger

30

Breakfast: Cereal Bar
Breakfast Quesadilla
Lunch: Pork Chop
Cheese Pizza
Protein Pack
EZ Jammer
Dinner: Ham Sandwich

3

Breakfast: Muffin
Chicken & Waffle *new!*
Lunch: Haystacks *new!*
Teriyaki Chicken
Smoothie
Chef Salad
Dinner: Turkey Sandwich

10

Breakfast: Calzone
Donut
Lunch: Pot Roast *new!*
Parmesan Chicken *new!*
Taco Salad *new!*
EZ Jammer
Dinner: Hotdog

17

Breakfast: Cinnamon Roll
Breakfast Burrito
Lunch: Ravioli's
Chicken Quesadilla
Calzone
EZ Jammer
Dinner: Smoothie

11

Breakfast: Pancakes
Cinnamon Roll
Lunch: Baked Ziti
Popcorn Chicken Bowl
Empanada
EZ Jammer
Dinner: Tamales

18

Breakfast: Muffin
Croissant Sandwich
Lunch: Cheeseburger
Cheesy Steak Fries
Calzone
EZ Jammer
Dinner: Burrito

25

No School



Offered Daily
Salad Bar Options Include:
Fresh Green Garden Salad,
Fresh Vegetables, Fresh &
Canned Fruit. Condiments also
include House Made Dressings.
Fat Free Chocolate, Strawberry
Milk, 1% White Milk, 100% Fruit
Juice Offered