

NUAMES Policy and Procedures

Subject: **Medication Policy**

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1. PURPOSE AND SCOPE

- 1.1 NUAMES Early College High School (NUAMES) will support safe access to medically necessary medication and appropriate emergency medical response for students while students are at school or at school-sponsored activities.
- 1.2 This policy establishes the Board requirements for medication administration, student self-administration, emergency medications, training, storage, documentation, and emergency response consistent with Utah law and applicable federal disability law.
- 1.3 The Executive Director may adopt administrative procedures and forms necessary to implement this policy, provided those procedures are consistent with this policy and applicable law.

2. GENERAL MEDICATION ADMINISTRATION

- 2.1 NUAMES may provide for the administration of medication to a student when the requirements of Utah Code § 53G-9-502 and this policy are satisfied.
- 2.2 Except where a medication-specific Utah statute provides otherwise, medication may be administered by school personnel only when NUAMES has:
 - 2.2.1 a current written and signed request from the student's parent or legal guardian authorizing administration during periods when the student is under school control;
 - 2.2.2 written documentation from the student's licensed health care provider identifying the medication, method or route, amount or dosage, time schedule, and stating that administration by school personnel during periods when the student is under the control of the school is medically necessary; and
 - 2.2.3 the medication is in a properly identified container and in a condition that permits safe storage and administration.
- 2.3 Medication administration shall be performed only by the school nurse or by an employee who volunteers and has received the training and supervision required by law and nursing practice standards.
- 2.4 The school nurse shall be notified of medication that will be administered at school and shall determine whether and how a medication-related task may be delegated consistent with the Utah Nurse Practice Act and applicable rules.
- 2.5 NUAMES may discontinue authorization for school personnel to administer a medication after actual notice to the student's parent or legal guardian, subject to applicable Section 504, IDEA, and other legal obligations.
- 2.6 NUAMES will not use medication as a chemical restraint or administer medication for the sole purpose of involuntarily limiting a student's freedom of movement.

3. STUDENT POSSESSION AND SELF-ADMINISTRATION

- 3.1 NUAMES shall permit a student to possess and self-administer medication when required by Utah law, including qualifying asthma, diabetes, epinephrine rescue, and adrenal insufficiency medications, when the applicable parent and licensed health care provider authorizations and other requirements of Utah law are satisfied.
- 3.2 A student may carry on the student's person and self-administer no more than one dose of a nonprescription, over-the-counter medication for the student's own use, provided that:
 - 3.2.1 the medication is lawful under applicable federal and Utah law and is age-appropriate for the student under the product labeling;
 - 3.2.2 the student has prior written parent or legal guardian permission on file with NUAMES authorizing the student to possess and self-administer the identified over-the-counter medication;

3.2.3 the medication is kept in the original manufacturer-labeled container or individual manufacturer-labeled unit-dose packaging, with directions and warnings legible;

3.2.4 the student takes the medication only as directed by the manufacturer's label and does not exceed the labeled dose or frequency; and

3.2.5 the medication is not a controlled substance, prescription medication, or other medication prohibited from student possession by law or NUAMES policy.

3.3 A student may not sell, share, distribute, or otherwise provide any medication to another person. Unauthorized possession, use, distribution, or misuse of medication may be addressed under applicable NUAMES student conduct policies.

3.4 NUAMES may restrict or discontinue a student's authorization to carry a nonprescription medication when there is a reasonable safety concern, misuse, or a legal or individualized health-plan requirement, after appropriate notice to the parent or legal guardian and subject to applicable Section 504, IDEA, and other legal obligations.

3.5 BASIC OVER-THE-COUNTER MEDICATION PROVIDED BY NUAMES

3.5.1 NUAMES may make available to a student a basic, nonprescription over-the-counter pain reliever, such as acetaminophen (Tylenol) or ibuprofen (Advil), only when NUAMES has prior written parent or legal guardian permission and the administration is otherwise not prohibited by applicable Utah law.

3.5.2 Parent permission alone does not authorize school personnel to administer medication when Utah law also requires a licensed health care provider's order or authorization. Before school personnel administer acetaminophen, ibuprofen, or another over-the-counter medication, NUAMES shall obtain any health care provider documentation required by Utah Code § 53G-9-502 and shall follow school-nurse delegation, training, documentation, identification, storage, and safeguarding requirements.

3.5.3 Any over-the-counter medication administered by NUAMES shall be given only in accordance with the authorized dosage, route, frequency, age/weight limitations, contraindications, and manufacturer labeling. School personnel shall not diagnose a condition or exceed the scope of the written authorization.

3.5.4 NUAMES administrative procedures may establish the approved over-the-counter medications, parent authorization process, health care provider authorization process when required, dosing safeguards, documentation, storage, expiration monitoring, and circumstances requiring referral to the school nurse, parent, health care provider, Poison Control, or emergency medical services.

4. EMERGENCY AND RESCUE MEDICATIONS

4.1 NUAMES shall maintain emergency injectable epinephrine rescue medication as required by Utah Code § 26B-4-406 and shall make required initial and annual refresher training available to employee volunteers in accordance with Utah law.

4.2 NUAMES may obtain and maintain stock albuterol and glucagon kits and may authorize qualified adults to use those medications in accordance with Utah Code §§ 26B-4-406 through 26B-4-412 and applicable Department of Health and Human Services protocols.

4.3 For a student with diabetes, NUAMES shall comply with Utah Code § 53G-9-504 regarding glucagon authorization, volunteer training, administration, emergency response, and immunity.

4.4 For a student with a qualifying seizure rescue medication order, NUAMES shall comply with Utah Code § 53G-9-505, including informing employees of the opportunity to volunteer, training volunteers, and following required emergency procedures.

4.5 For a student with an adrenal crisis rescue authorization, NUAMES shall comply with Utah Code § 53G-9-507, including identifying and training willing employee volunteers and following the student's authorization and required emergency procedures.

4.6 NUAMES may obtain, store, and permit administration of an opiate antagonist, including naloxone, consistent with Utah's Opiate Overdose Response Act, Utah Code §§ 26B-4-501 et seq., and current state protocols.

4.7 When emergency medication is administered, school personnel shall activate emergency medical services when required by the applicable medication protocol or law and shall make reasonable efforts to notify the student's parent or legal guardian.

5. STORAGE, SAFEGUARDING, AND RECORDS

5.1 Medication maintained by NUAMES shall be properly identified and stored securely under conditions appropriate for the medication. Emergency medication shall be stored so that it is secure yet accessible as required by law and applicable state protocol.

5.2 NUAMES shall maintain a record of medication administered by school personnel, including the student, medication, dosage, route when applicable, date and time, and person administering the medication.

5.3 Medication records and health information shall be maintained and disclosed in accordance with applicable student privacy, education record, and health record requirements.

5.4 Unused or discontinued medication shall be returned to the parent or legal guardian when practicable or disposed of in accordance with applicable law, state guidance, and NUAMES administrative procedures.

6. TRAINING AND SCHOOL RESPONSIBILITIES

6.1 The Executive Director or designee shall ensure that NUAMES identifies volunteer employees as needed to administer medication and that those employees receive appropriate training from the school nurse or other person authorized by law.

6.2 Training shall address the medication or emergency response for which the employee is authorized, including recognition of relevant symptoms, proper administration, storage, documentation, adverse reactions or errors, and emergency follow-up.

6.3 NUAMES shall not compel an employee to volunteer for a medication-specific role when Utah law makes participation voluntary.

6.4 Medication errors, suspected adverse reactions, and medical emergencies shall be addressed promptly under the student's health plan, provider orders, state protocol, and emergency procedures. Emergency medical services shall be contacted when warranted.

6.5 Nothing in this policy authorizes an employee to perform a nursing task that may not lawfully be delegated or performed by that employee.

7. INDIVIDUALIZED PLANS, EMERGENCY CARE, AND LEGAL PROTECTIONS

7.1 When a student's medical needs may affect access to education, NUAMES shall consider and implement, as applicable, an individualized health care plan, Section 504 plan, or individualized education program (IEP) consistent with federal and state law.

7.2 School personnel shall provide reasonable emergency assistance within the scope of their training, including first aid, CPR/AED response, activation of 911, and use of authorized emergency medication as appropriate.

7.3 Immunity and liability protections for school personnel and NUAMES shall apply to the extent provided by Utah law, including Utah Code §§ 53G-9-502, 53G-9-504, 53G-9-505, 53G-9-507, and 26B-4-509.

7.4 This policy shall be interpreted and implemented consistently with the Americans with Disabilities Act, Section 504 of the Rehabilitation Act, the Individuals with Disabilities Education Act, the Utah Nurse Practice Act, and other applicable federal and state law.

8. LEGAL REFERENCES

8.1 Utah Code § 53G-9-502 — Administration of medication to students.

8.2 Utah Code § 53G-9-503 — Self-administration of asthma medication.

- 8.3 Utah Code § 53G-9-504 — Administration of glucagon.
- 8.4 Utah Code § 53G-9-505 — Administration of seizure rescue medication.
- 8.5 Utah Code § 53G-9-506 — Diabetes medication; possession and self-administration.
- 8.6 Utah Code § 53G-9-507 — Administration of adrenal insufficiency medication.
- 8.7 Utah Code §§ 26B-4-406 through 26B-4-412 — School emergency medications, including epinephrine, stock albuterol, and glucagon.
- 8.8 Utah Code §§ 26B-4-501 et seq., including § 26B-4-509 — Opiate Overdose Response Act.
- 8.9 Utah Code Title 58, Chapter 31b and Utah Admin. Code R156-31b — Nurse Practice Act and delegation requirements.
- 8.10 Utah Admin. Code R277-608 — Emergency safety interventions; prohibition on chemical restraint.
- 8.11 Section 504 of the Rehabilitation Act of 1973; Americans with Disabilities Act; Individuals with Disabilities Education Act.